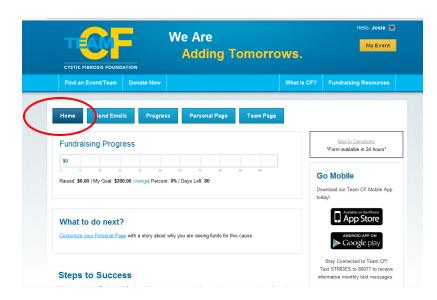


Participant Center Overview

Once you have registered for a Team CF event you can access your Participant Center. Tools in the Participant Center include tracking your fundraising progress, sending emails to family and friends and editing your personal page.

Home Tab

The Home Tab allows you to track the amount you have raised or change your fundraising goal. You can also view the percentage of donations received towards your goal and the number of days left to raise additional funds.



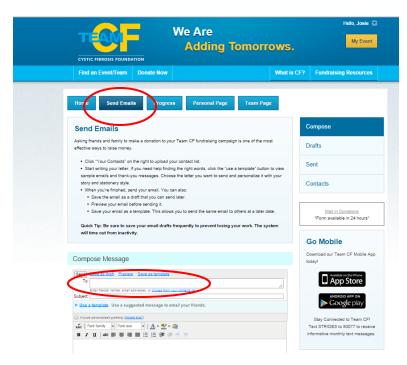
To View Your Fundraising Progress:

- 1. Log into your Team CF website.
- 2. Click the **Home** tab.
- 3. View the amount you have raised towards your fundraising goal.



Send Emails Tab

Use the email tools in your participant center to spread the word about your participation in the Team CF event by emailing friends and family. You can also upload your email contacts from other email providers.

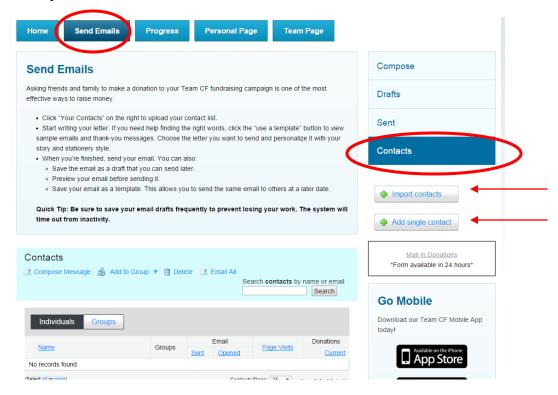


To Send Emails:

- 1. Log in to the Team CF website and click the My Events button
- 2. Click the Send Email tab.
- 3. In the **To** line, enter the email addresses of your recipients.
- 4. Enter a subject for your email.
- 5. There are multiple email templates you can use and each template includes a default message that you can customize to best fit your needs.

- 6. Check the **Include personalized greeting** box to personalize the greeting of your message.
- Once you have finished with your email, you can save it, preview it, or save it as a template.
 - a. When you save it as a template, you can use it for other emails messages in the future.

To Upload Contacts:

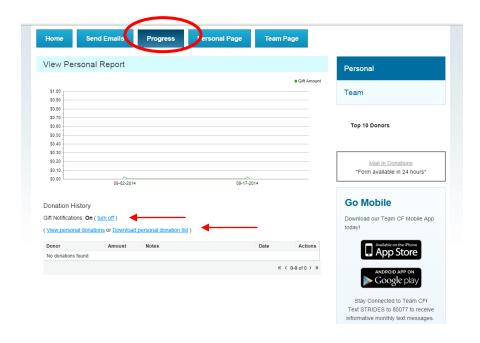


- 1. Log in to the Team CF website and click the My Events button
- Click the Send Email tab.
- 3. Click Contacts from the menu on the right.
- 4. You can Import Contacts or Add a Single Contact.
- 5. To Import Contacts, choose that option below the Contacts button.
 - You can upload directly from Gmail or Yahoo or download contacts from other email providers into a CSV file.
 - Choose how you want to upload your contacts and click Next.
 - If you choose to upload from Gmail or Yahoo you will need to enter your username and password.

- If you choose to upload a CSV file of contacts from another email provider you will be prompted with instructions.
- You can choose to upload all contacts or select ones.
- Once you have followed all the prompts you will see your list of uploaded contacts in the Contacts section of the Send Emails tab.
- 6. If you want to **Add a Single Contact**, click **Add A Single Contact** below the **Contacts** button.
 - Enter the first and last name and email address of your contact.
 - Click Add.
 - You will now see the contact you added in your list of Contacts.

Progress Tab

After you send your email message, you can review your personal fundraising report on the Progress Tab. The information available includes a graph of your donations, a list of your donors, the amount they donated, and the date they made the donation.



To View Your Fundraising Progress:

- 1. Log into the Team CF website and click on the My Events button
- 2. Click on the **Progress** tab.
- 3. View the information in the **Progress Report.**
- 4. If you want to receive notifications when someone donates, verify **Gift Notifications** is set to **On.**
- 5. You can also view the messages that people send you when they make a gift in your Donation History.